Conditions of participation and safety instructions

for the Itzehoe Dragon Boat Indoor Cup

1. Only teams that have submitted their registration and paid the participation fee (150 Euro) on time following confirmation of registration are eligible to participate. The Itzehoer Wasser-Wanderer e.V. as the organiser decides on the participation of a team.
2. Each team appoints a team captain who is the contact person for the organisers and the organisational staff during the event. He/she takes part in the team captain meetings and is responsible for the safety of the team on land and on the water during the event.
3. The team captain undertakes to familiarise each participant with these conditions of participation and safety instructions prior to the event. The team captain confirms with his/her signature that all team members are familiar with these “Conditions of Participation and Safety Instructions”.
4. All participants take part in the event at their own risk.
5. Each participant declares that he/she can swim safely for 50 metres in the clothing he/she wears in the boat during the races.
6. The team consists of a maximum of 8 paddlers (2 spare paddlers are allowed). During the races, the boat must be occupied by at least 2 female paddlers. For every missing woman there is a deduction in the race classification. If there are too few women in the final, the team will be placed last.
7. Boats and paddles will be provided by the Itzehoer Wasser-Wanderer. This material is to be treated with care by the participants. Intentional damage or damage caused by improper handling will be reimbursed by the participant.
8. No aids (such as loudspeakers or whistles) and no own material (e.g. own paddles) are allowed in the boat.
9. up to 10 paddlers may be used in a team. These team members will be labelled with a wristband or similar. Paddlers may only be used in one team. The race organisers will decide on exceptions - for example for an “all-star team”.
10. Teams that do not arrive on time for the start will be excluded from the race. A refund of the participation fee is excluded.
11. swimwear must be worn in the indoor swimming pool. The hall may only be entered barefoot or with bathing sandals. Each team must wear a uniform team outfit (e.g. T-shirts) that is waterproof and does not contain any water-soluble colours.
12. For their own safety, the instructions of the organising staff and their representatives must be followed unconditionally and without restriction.
13. Behaviour that endangers the other participants, unsportsmanlike conduct and alcoholism may lead to the disqualification of the team concerned. The same applies to offences of any kind against the conditions of participation.
14. Written consent must be obtained from a parent or legal guardian for underage participants to take part. The team captain confirms with his/her signature on the registration form that only participants with the corresponding declaration of consent will start.
15. The organiser, the host, the sponsors, volunteers, employees, officials and persons who are commissioned with the implementation of the event are released from any liability with the signature of the binding registration and the safety instructions. This exemption from liability also applies to lost clothing, equipment and valuables belonging to participants.
16. The race organisers decide irrevocably on all questions concerning the competition.
17. The event will take place in all weather conditions. In extreme situations (e.g. a defect in the swimming centre etc.) or due to special events (e.g. danger, official order etc.), the race management may shorten or cancel the event. A refund of the participation fee paid is excluded.
18. The team must collect its rubbish, take it with it and dispose of it appropriately.
19. The Itzehoe Dragon Boat Indoor Cup will be reported in various media. The participants agree to the utilisation of film and photo work in connection with the event.

By signing this form, I recognise points 1-19
of the “Conditions of participation and safety instructions” without reservation.

City, Date

Signature of the team captain

ITZEHOER WASSER-WANDERER e.V.

14th Itzehoe Dragon Boat Indoor Cup 2027

A dragon boat is just under 12.50 metres long and a good 1.15 metres wide. Two teams of 8 people sit face to face and try to move the boat in their direction after the start signal. Just like the opponent paddling in the other direction. Every centimetre is fought for. The winner is the team that has made the most progress in a race. It's like tug-of-war - only in a dragon boat....

At the Itzehoe Dragon Boat Indoor Cup, teams from companies, authorities, clubs and friends can show how much team spirit they have!

Frequently asked questions...

When does the Itzehoe Dragon Boat Indoor Cup take place?

On Sunday, 21 February 2027, from 10:00 am to approx. 4:00 pm.

Where does the Itzehoer Dragon Boat Indoor Cup take place?

In the indoor swimming pool of the

Itzehoe Swimming Centre
Klosterbrunnen 6
25524 Itzehoe

On the website

www.itzehoer-wasser-wanderer.de/drachenboot/en/indoor.php

there is a route description.

Who is the organizer?

Itzehoer Wasser-Wanderer e.V.
1. Vorsitzender Martin Ölscher
Anna-Seghers-Straße 25
25524 Itzehoe
mail 1.vorsitzender@itzehoer-wasser-wanderer.de
web www.itzehoer-wasser-wanderer.de

How long is the race track?

2.50 metres! This can also be completed by untrained paddlers.

How many paddlers are in the boat?

In a race, a team consists of a maximum of 8 paddlers, at least two of whom must be female. A maximum of 10 paddlers can be placed in a team (2 substitutes). The 10 paddlers are marked with armbands. Paddlers may only be used in one team. The race organisers will decide on exceptions - for example when forming an “all-star team” or similar.

Which boat material is permitted?

Boats and paddles are provided by Itzehoer Wasser-Wanderer. You cannot use your own dragon boat paddles.

Participation fee?

The participation fee is 150.00 Euro per team. That is about 15.00 euros per team member. The participation fee includes the entry fee for 10 team members. Additional fans must pay their own entry fee at the cashier desk of the Itzehoe Swimming Centre.

What is the race mode?

Two teams of 8 paddlers sit opposite each other in a dragon boat. After the start signal, the teams try to paddle the boat in their direction and push their opponent backwards.

Whoever reaches the 2.50 metre mark within the race time wins. At the end of the race, the team that has made the most progress wins.

The team captains will be informed of further details at the team captains' meeting on the day of the regatta.

What is the race plan?

The race schedule will depend on the number of registered teams. Each team will take part at least in four races.

What is a team captain?

Each team names a team captain who will be available to us as a contact person and will pass on all information to you as a multiplier. The team captain is responsible for his/her team and for compliance with the conditions of participation and safety regulations.

What prizes are awarded?

Places 1-3 of each final group will be awarded a trophy. All participating teams will receive a certificate.

Depending on the number of registered teams, we reserve the right to divide the teams into separate categories, which will be honoured separately.

How can I register?

You can find a link to online registration on the Internet at

www.itzehoer-wasser-wanderer.de/drachenboot/indoor.php

The starting places will be allocated by the Itzehoer Wasser-Wanderer. The participating teams will receive a confirmation of registration with further information on payment of the entry fee. If the entry fee is not paid on time, the starting place will be forfeited and may be allocated to another team.

The Itzehoer Wasser-Wanderer e.V. as organiser will decide on participation and reserves the right not to admit individual teams to the dragon boat race.

What clothing is suitable for paddling?

Swimwear must be worn for dragon boat paddling in the indoor swimming pool. The hall may only be entered barefoot or with bathing sandals.

The team members of a team should wear uniform team clothing in the races with T-shirts.

Clothing and decoration material must be waterproof and must not contain water-soluble colours.

Are there changing facilities on site?

Changing rooms and lockers are available at the Itzehoe Swimming Centre. Please note that we accept no liability for clothing and valuables.

Are there catering facilities on site?

The teams will cater for themselves, bringing your own food is permitted. Glass bottles or other breakable crockery (bottles, cups, plates, ...) are not permitted in the Itzehoe Swimming Centre.

The swimming pool catering service 'Emia's by Chili Event House' offers delicious snacks and drinks:

schwimmzentrum-itzehoe.de/gastronomie

Where can I park?

Itzehoe Swimming Centre has a car park. Further parking spaces are available in parking bays along the 'Alte Landstraße' and probably again on the grounds of the Regional Vocational Training Centre of the Steinburg district (approx. 450 metres on foot).

Please try to form car pools.

Further information

Liability conditions

The team captain is responsible for his/her team, compliance with the race rules and the safety regulations. He/she undertakes to inform all participants in his/her team about the conditions of participation, the exclusion of liability and the safety regulations. The Itzehoer Wasser-Wanderer e.V. and the volunteers are released from any liability upon registration.

Weather conditions

The Itzehoer Dragon Boat Indoor Cup takes place in all weathers. You can take a warm shower.

My rubbish must go with me!

Canoeing is an outdoor sport. We are therefore particularly committed to the careful use of resources. Avoiding rubbish is part of this. Please support us and take care of your rubbish. Please note that each team is responsible for its own rubbish and must take it all away with them at the end of the event.

We thank you
and wish you lots of fun and success!

Do you still have questions?

Itzehoer Wasser-Wanderer e.V.
Organization Indoor Cup

1.Vorsitzender
Martin Ölscher

Anna-Seghers-Straße 25
25524 Itzehoe

phone +49 4821 83361

mail 1.vorsitzender@itzehoer-wasser-wanderer.de

Are you ready? Attention… Go!

We are looking forward to exciting races and lots of dragon boat fun
at the Itzehoe Dragon Boat Indoor Cup!

We would like to thank Stadtwerke Itzehoe GmbH
for the support of our Itzehoe Dragon Boat Indoor Cup